Dear Parents, Carers and Community Members,

As adults we sometimes tend to focus on the negatives that surround us, especially those involving children and young adults. These have become more prominent with the explosion of social media – Facebook, Twitter, Instagram and Snapchat - just to name a few. This week I want to take the opportunity to focus on the positives that abound in our school community. Although our students sometimes make inappropriate choices, they are learning that these have consequences and they are very honest in taking responsibility for these and making amends where necessary. Many of the older students are positive role models, demonstrating strong leadership skills and guiding younger students to make good choices. The younger students are learning to become resilient as they step up and become more mature in dealing with changing friendship groups – almost a daily occurrence! Our students often make someone’s day by being polite, considerate, cooperative, caring and friendly.

Last week I felt very proud when one of our parent volunteers rang to commend a student’s behaviour. The young student had noticed that she needed help and he showed initiative and a caring attitude, and assisted her in moving some furniture. Congratulations to this student for demonstrating the values we try to instil in all of our students. Thank you also to our volunteer Mum for taking the time to recognise this student and what he did.

**Headlice**

Head lice are a very common problem that most parents and teachers are more than familiar with. We have had some reports of head lice across the school. Please see the back page for some useful information on treatment and some misconceptions about head lice.

**Work Experience Student**

Next week we welcome Miss Jade Newman to our school to complete a week’s work experience. We hope she enjoys her time in exploring the role of a teacher.

**Year 6 Cake Stall**

Congratulations to our Year 6 students on a very successful fundraising cake stall held last Thursday. Thank you to the students and their supportive parents for providing us with some very yummy treats. We are eagerly looking forward to the next cake stall to be held in August.

**Assembly**

Assembly is this Friday, 12th June with presentations from K/1 and Yr 1/2. Hope to see you there.

Regards, Jo
**Word of the Week**

*urbane*, adj; having the polish, courtesy and refinement regarded as characteristic of sophisticated social life in major cities.

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**Thursday Canteen**

**Special**

Fish Fingers & Curly Fries $3.50

CANTEEN WILL NOW BE OPEN WEEK 9

Eatz Bombala Facebook page and keep up-to-date

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**Quiz Question**

What did Italian scientist, Count Alessandro Volta invent around the year 1800?

**THIS WEEK’S QUOTE**

“One can never speak enough of the virtues, the dangers, the power of shared laughter”.

~ Francoise Sagan

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**University of NSW Writing and Spelling Competition**

If you have nominated your child for these competitions the sitting dates are:

Writing - any time during the week beginning the 15th June

Spelling - Tuesday 16th June.

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**Year 6 Fundraiser**

THANK YOU to all the children who purchased their morning tea last Thursday at the Year 6 cake stall. Thank you also to the parents and children who cooked and baked the delicious goodies which were for sale. Your combined efforts raised $190.40. Year 6 appreciate all your efforts in support of their Melbourne excursion.

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**Peer Support**

In this week’s Peer Support session the children will be exploring how to join groups and how to accept others into their friendship group. The activities will give the children a chance to practise these skills, as well as how to say no in a respectful way, cope with being told no and inviting others to join them.

Encourage your child to discuss with you the importance of saying no to people in a respectful way so that they don’t lose friends. Also discuss with your child various options they have at school if they should find themselves without anyone to play with during break time.
P&C EVENTS

On Saturday the **13th of June** the P&C are catering for the "Linton" Clearance Sale and we are looking for volunteers to help out on the day. We will be cooking a BBQ and selling drinks and it will probably be from about 10 am to 2 pm. If you are able to help, even for a short time, please contact Di Green ASAP on 0438 583 280.

**Thank you in anticipation of your help.**

Bunnings offer an opportunity to schools & other community groups to run a sausage sizzle at one of their franchises to fundraise. On Sunday the **14th of June** the P&C have been given the opportunity to hold a BBQ outside Bunnings at Tuggeranong. Bunnings provide the bbq and gazebo/awning. P&C provide food, utensils & BBQers.

We need to man the stall from 9am till 4pm if you can help out please contact Liz Feilen on 0417206542.

**Thank you in anticipation of your help.**

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**Gotcha Award**

**Winner for Term 2 Week 7**

**is**

**Zoran Russell**

**Well done!**
Head lice

Pediculus humanus capitis

Head lice are a very common problem that most parents and teachers are more than familiar with. Unfortunately, the management and treatment of head lice is surrounded by a large amount of misinformation and myth, particularly about their habits and what is and isn't an effective treatment. Much of the misunderstanding, stigma and blame about head lice have come about because many people do not know how head lice reproduce, grow or are spread from head to head.

Understanding the biology and lifecycle of head lice will enable you to understand how to effectively treat and manage head lice in your family and school.

Biology

Head lice have six legs designed to grasp the hair shaft and to enable rapid movement backward and forward to escape detection. Head lice cannot fly or jump. Looking through an electron microscope, it's easy to see why: each of their long legs has a claw at the end, which makes it difficult to jump or to walk on flat surfaces.

Head lice move between heads via a hair; they grasp a hair from another head by swinging between heads on a hair shaft. Their grasp is very strong which makes them hard to dislodge from the scalp and hair. Head lice do not burrow into the skin.

Eggs (nits) are laid by a female close to the scalp on the hair shaft, usually no more than 1.5 centimetres from the scalp. These eggs are attached to the hair with an incredibly strong glue. There is currently no product on the market that can effectively treat all eggs. Unless manually removed, egg shells and unhatched eggs grow out with the hair. It is quite common to detect a badly infested head by the lines of eggs that have grown out with the hair.

Depending on the temperature and humidity of the head, eggs hatch after five to seven days. Small nymphs emerge, and providing they can feed, begin to grow into adult-sized lice after about seven or eight days. It can be about 14 days after the eggs are laid that the mature louse can begin breeding.

Adults live for up to 14 days. The lifecycle of a head louse is only about one month.

This is important to remember. As no product has been shown to kill eggs, any chemical treatment must be reapplied after any eggs have hatched, i.e. five to seven days after the first treatment.

A female louse can lay about 100 eggs in a lifetime, laying around eight eggs at a time. Only those eggs laid by an inseminated female will hatch.

Treatment

Before you choose a treatment for head lice, consider the following:

- Make sure that the heads you treat actually do have head lice and do not treat unless they do, you may be contributing to the problem of resistance.
- Do not treat babies or a scalp that is irritated or inflamed.
- Do not let product into eyes.
- There is no preventative treatment available. While it is tempting to
- If dead lice are found, the product has worked. But you must re-treat in seven days to catch nymphs that have emerged from unhatched eggs.
- If you find live lice, the treatment probably hasn't worked. Either use another product with a different active ingredient (read the label) OR try the comb and conditioner method.
- Keep a good quality head lice comb in the shower so that every time anyone washes their hair they use the comb. The more folk know about simple management methods the easier it will be to reduce the problem. But it takes time!
- Do not use insecticides, methylated spirits or kerosene on your child's head.

Comb and conditioner method

Head lice breathe through small openings along their abdomens called spiracles. By coating the hair and therefore the louse in something thick and slimy, these openings close over, shutting down the louse's breathing for about 20 minutes. Head lice can move very fast across the scalp. Using a head lice comb on a dry scalp will often miss many lice as they are very clever at avoiding being caught. While unfortunately the louse doesn't die with this method, it does slow it down so that you can catch them.

Apply liberal amounts of conditioner to the scalp and massage it through all the hair shafts. You will use a lot of conditioner. Every hair has to be coated to ensure it reaches the lice. Lice live close to the scalp, so make sure that you cover the hair shaft close to the scalp. You don't have to work the conditioner onto the whole length of the hair. Combing will spread it well enough. Use a large comb to part small sections of the hair starting from the nape and working upwards toward the crown. Eggs are often found behind the ears and toward the back of the head. By using this method, you are more likely to find the head lice on top of and toward the front of the head.

When the hair is detangled and manageable, use a fine lice comb to comb out each section several times. After each comb out, wipe the conditioner on the paper towel. If the child has head lice, you will see them on the towel. Happy Hunting!